

ACTIVE 60

Ride2School Active 60 is all about helping students get the 60 minutes of activity they need each day, whether they're at home or school. We're here to help make it easy with these four simple steps:

1 DOWNLOAD THE RIDE2SCHOOL APP

Download the app and create an account. Available in the iOS App Store or Google Play.



2 HELP YOUR STUDENTS GET ACTIVE FOR 60 MINUTES EACH DAY

We'll send you ideas and challenges to help you inspire your students to get active through the app, email and Facebook.



3 RECORD YOUR STUDENTS ACTIVITY

Check in with your students each week and record whether they've hit their daily exercise goals as a HandsUp! Count in the app.



4 WIN PRIZES

With each HandsUp! Count you submit, you'll go in the running to win prizes for your students and school. The more counts you enter, the more chances you have to win.



HAVE FUN, BE SAFE AND GO GET YOUR RIDE2SCHOOL ACTIVE 60 TODAY.

For more information on the Ride2School Active 60 challenge, visit ride2school.com.au or get in touch at ride2school@bicyclenetwork.com.au or on 03 8376 8888.