



NEWCREST

# ORANGE CHALLENGE

*Ride*

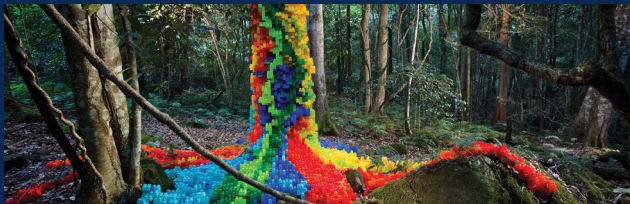
# GUIDE

21-22 MARCH 2020

# IT's ON! IN NSW

Whether you're into sport, music, food and wine, action or adventure, you'll find many exciting events for all ages, in amazing locations throughout Regional NSW.

## BLUE MOUNTAINS



### SCULPTURE AT SCENIC WORLD

9 April - 10 May

This event celebrates its ninth exhibition transforming the natural Jurassic rainforest with world-class sculptures.

**Katoomba**

## NORTH COAST



### OPEN TRANS-TASMAN TOUCH FOOTBALL

24 - 26 April

The Opens Trans-Tasman Test Series features the best Touch Football athletes from Australia and New Zealand (the strongest Touch Football nations) in a battle for international supremacy.

**No. 2 Sportsground, Newcastle**

## NORTH COAST



### IRONMAN AUSTRALIA AND 70.3 PORT MACQUARIE

3 May

As one of the longest-running IRONMAN events in the circuit, IRONMAN Australia boasts 30+ years of historic moments. IRONMAN Australia and IRONMAN 70.3 Port Macquarie returns to Port Macquarie for the 35th anniversary event in May 2020.

**Port Macquarie**



If it's on in NSW, it's on [visitnsw.com](https://www.visitnsw.com)

Please note that events are subject to change or cancellation (check relevant website for further details prior to the event). Destination NSW acknowledges and appreciates all photographic images supplied by each event owner for use in this advertisement.

# Cadia Valley Operations

Proud to be part of the local Community



Cadia Valley Operations is one of the largest gold and copper mining operations in Australia and is owned by Newcrest Mining Limited. Operations include the Cadia East underground mine, an ore processing facility and a dewatering facility.

## Open Day and Tours

In April 2019, Cadia welcomed more than 2,000 visitors to the mine site for the Cadia Open Day.

Buses departed from Blayney for tours of the Cadia mine site, as well as the Blayney Dewatering Facility, which was the first time the facility was opened to visitors as part of an Open Day.

The Open Day also featured an Interactive Display Centre with a replica underground tunnel and film, interactive models and children's activities.

Tours were a gold coin donation and raised \$12,500 which was donated to local cancer support charity, CanAssist Blayney.

Cadia invites local schools and community groups in the Orange, Blayney or Cabonne local government areas to arrange site visits to the mine by appointment. Tours are free of charge, last two hours and are offered subject to availability.

For tour bookings, contact 0439 490 092 or [cadiavalley@newcrest.com.au](mailto:cadiavalley@newcrest.com.au).

## Community Partnerships

Every year Cadia distributes up to \$500,000 in funding to community groups and organisations which provide ongoing infrastructure and support for local communities in the Orange, Blayney and Cabonne local government areas.

Cadia has been the major sponsor of the Newcrest Orange Challenge since 2016. Cadia's long term Community Partnership strategy aims to support alternative industry sections, such as tourism, to ensure the prosperity of the region when Cadia reaches mine closure.

Other recent donations include:

- \$50,000 towards the Canobolas Clontarf Academy, supporting local Indigenous boys.
- \$39,885 to the Orange Health Service towards emergency and rehabilitation equipment.
- \$27,500 towards the Orange360 Village Tourism program.
- \$25,000 towards widening the Gosling Creek track.
- \$15,000 towards the Bowen Community Technology Centre, providing access to computers, internet, printing and homework assistance.
- \$9,000 towards local schools.
- \$8,200 to St John Ambulance Molong towards patient shelter.

For more information, visit [cadiavalley@newcrest.com.au](http://cadiavalley@newcrest.com.au)



# Introduction

This year is the fifth edition of the Newcrest Orange Challenge, an event that has grown from being a single-distance ride in the first year of 2016, to a celebration of bike riding. With rides of 70km, 100km and 170km, people of all levels of riding experience can get out and enjoy the beautiful scenery and warm hospitality of the Central West.

The event has become something that creates a buzz around town, with the event village at Robertson Park in the heart of Orange a place that anyone can come and visit. It's a great spot for a picnic and is filled with family friendly activities, including a children's ride for the next generation of riders.

An extra effort is being made this year to support the local community that has been struggling with drought - we're asking participants to donate to the Buy a Bale campaign to send hay to farmers in need. Bicycle Network has contributed 100 bales and we're aiming for a total of 500.

We look forward to welcoming you all at Robertson Park on both Saturday 21 and Sunday 22 March. We'll be there to greet you, chat about the ride and talk about all the other things Bicycle Network does to support people who ride including membership, campaigns, our Ride2School program and more.

*Enjoy!*

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# Welcome from Bicycle Network

When you live in a capital city, you take for granted that you can get what you want, whenever you want it. Breakfast any time of the day, WiFi everywhere and as much water as you want just by turning on the tap.

Any weekend you can just head out of town and go for a pedal. But now, as regional Australia is gripped by drought and fire, we're realising that our expectations might be unrealistic.

We're realising that if our lives of convenience are to continue, we need to give as well as take.

That's why it's so important that you're riding this year's Newcrest Orange Challenge. Plenty have stayed away: concerned their needs will be compromised by the drought or burnt countryside. But not you, and we can't thank you enough for coming.

We know the people of Orange, Canowindra and Mandurama will generously welcome us with open arms. We know they're grateful, that despite the turmoil, some people are still prepared to leave the comfort of the capital city.

But this year let's go further than just boosting the economy: let's show how much we care. Let the locals know that you've come here not just because it's a great day in the saddle, but also because you understand how tough things have been and you've got their backs.

So as you pedal through the stunning Aussie landscape or enjoy a meal at a local restaurant, take a moment to listen to understand then let the locals know you appreciate everything people outside our capital cities do to make our lives convenient.

**Craig Richards**  
CEO Bicycle Network



# Welcome from the NSW Government

On behalf of the NSW Government, welcome to Orange for the 2020 Newcrest Orange Challenge – an event which showcases the best of the Central West region to cycling enthusiasts from around Australia.

Supporting events such as the Newcrest Orange Challenge brings economic benefit to regional communities, putting more heads on hotel beds, diners in our restaurants and shoppers in our boutiques.

The event will also highlight the great food and wine experiences on offer in the region and I encourage participants and their supporters to take some time to enjoy the local farmers' markets, natural attractions, galleries, museums and fantastic restaurants.

I wish all competitors the best of luck and hope visitors to the region thoroughly enjoy their time exploring more of Orange and the beautiful surrounding areas.

**The Hon. Stuart Ayres**  
**Minister for Tourism**



# Bicycle Network members

Bicycle Network members are invited to join us at the Bicycle Network members lounge at Groundstone Cafe for an exclusive Q&A session with our event ambassadors.

Members can enjoy a free drink while you get some tips and local knowledge before the big ride on Sunday.

## **BICYCLE NETWORK Q&A SESSION**

» 3:00pm, Saturday 21 March at Groundstone Café

## **NOT A MEMBER?**

Make sure you don't miss out - join now from just \$11.49/month at [bicyclenetwork.com.au/membership](http://bicyclenetwork.com.au/membership).



Pedal worry free with a Bicycle Network membership

**We've got your back in three important ways:**

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- Medical coverage
- Income protection



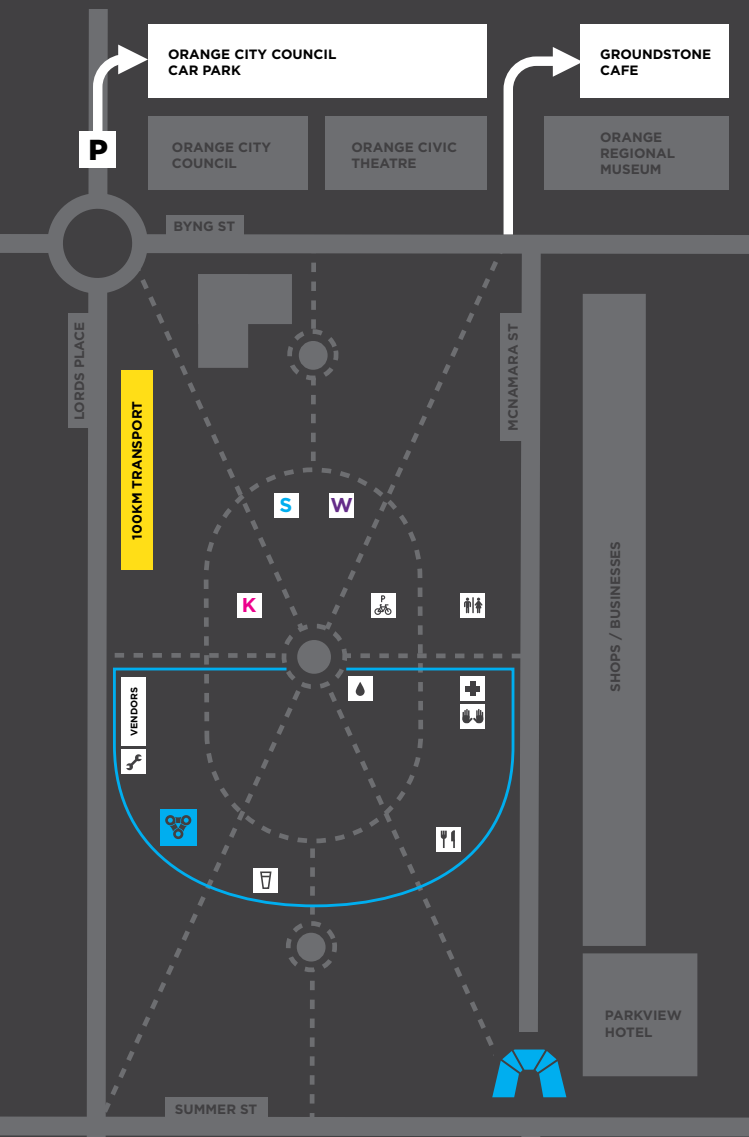
**BICYCLE  
NETWORK®**















**Join now**

Become a member today from just \$11.49/month.

# ROBERTSON PARK, ORANGE

70KM START / 170KM START+FINISH / 100KM TRANSPORT



- |  |              |   |              |   |                   |
|--|--------------|---|--------------|---|-------------------|
|  | START/FINISH |  | BARBECUE     |  | MASSAGE           |
|  | REGO & VALET |  | BAR          |  | WOMEN'S COMMUNITY |
|  | FIRST AID    |  | BIKE PARKING |  | SOCIAL RIDE       |
|  | TOILETS      |  | CAR PARK     |  | KIDS ZONE         |
|  | WATER        |  | MECHANIC     |   |                   |

# Event schedule

## Saturday 21 March

### EVENT VILLAGE: ROBERTSON PARK, SUMMER STREET ORANGE

Join us at the event village in the heart of Orange from 12:00pm to 5:00pm for:

- » Rider pack collection
- » Jersey size swap (limited sizes available)
- » Valet drop-off
- » 100km bike transport drop-off
- » Official merchandise

While you're at the village you can enjoy local food and drink offerings, free kids activities and live music!

### SATURDAY SPIN

Join our Bicycle Network ambassadors for a social 50km ride to Millthorpe Park and back. Stretch your legs, meet other riders and if you're a member, join us afterwards for the Q&A session at 3:15pm at Groundstone Cafe.

<b>Time</b>	12:00pm departure
<b>Where</b>	Meet at the rotunda in the event village at Robertson Park
<b>Ride</b>	50km loop to Millthorpe and back
<b>Entry</b>	Free for all Newcrest Orange Challenge participants. <b>Click here to RSVP.</b>

### FAMILY ACTIVITIES

We'll be keeping the whole crew entertained over the weekend with a range of family-friendly activities planned at the event village including an inflatable obstacle course, face painting and children's bike race.

### KID'S RIDE

The kids can test their legs on a 300-metre course closed to traffic. Children of any age can do as many laps as they like and have a crack at the loop course!

All children will receive a small gift from Bicycle Network.

SATURDAY 21 MARCH	
<b>Time</b>	3:00pm
<b>Where</b>	Robertson Park

## RIDER BRIEFING

A rider briefing will be held at **4:00pm on Saturday 21 March** at the rotunda in Robertson Park.

We ask that you attend the briefing to hear final event information, details about the ins and outs of the starting process and important information about the route.

## PARKING

Bike parking will be available inside the event village at Robertson Park.

Car parking will be available behind the Orange City Council building, accessed via Lords Place.

## VALET SERVICE - 170KM ONLY

Our rider valet service makes it easy for you to look after yourself on your ride, but it's important to plan-ahead and use your valet bags wisely.

An A3 sized valet bag will 'ride ahead' of you and be waiting for you at Mandurama.

In this bag you can pack any essentials like food and fresh kit that you may want to collect at the lunch stop. You'll also receive a second bag to go inside the first bag. The second bag is your return valet service, so you can pack any unwanted clothing or items to send to the finish site.

Please drop your valet bags off at the Bicycle Network tent at Robertson Park by 5:00pm on the Saturday. There will be no valet drop at the start line on the Sunday morning.

## 100KM RIDE TRANSPORT - ORANGE TO CANOWINDRA

People taking on the 100km ride starting in Canowindra can have their bike transported to the start line by Bicycle Network.

Bikes can be dropped off on either the Saturday or Sunday. Bikes can be left with us with pedals on and handlebars in their normal position.

### SATURDAY 21 MARCH

**Time** 12:00pm - 3:00pm

**Where** Lords Place, Robertson Park

### SUNDAY 22 MARCH

**Time** 7:30am. Coaches will depart for Canowindra at 8:00am.

**Where** Lords Place, Robertson Park

Bikes left with Bicycle Network will be locked securely and transported safely to Canowindra. Once your bike is left with us you will not be able to access it until you are at the Canowindra start line.

## PROLOGUE IN THE PARK

Fancy yourself in a little dash for cash on the Saturday? The Prologue in the Park is back!

It's a technical sprint around Robertson Park and open to anyone who thinks they're speedy on two wheels.

There's \$1,000 cash up for grabs for both the fastest male and female to complete the technical sprint course that includes some gravel and sharp turns, not to mention the bragging rights over your fellow riders. And the best bit, it's free to enter!

### SATURDAY 21 MARCH

<b>Where</b>	Robertson Park, Orange
<b>Check-in</b>	3:30pm - 4:45pm
<b>Pre-race briefing</b>	4:50pm
<b>Prologue in the Park</b>	5:00pm - 6:00pm
<b>Enter</b>	<b>Entry is free, but please <a href="#">click here</a> and put your name on the list</b>

## PRIZE MONEY

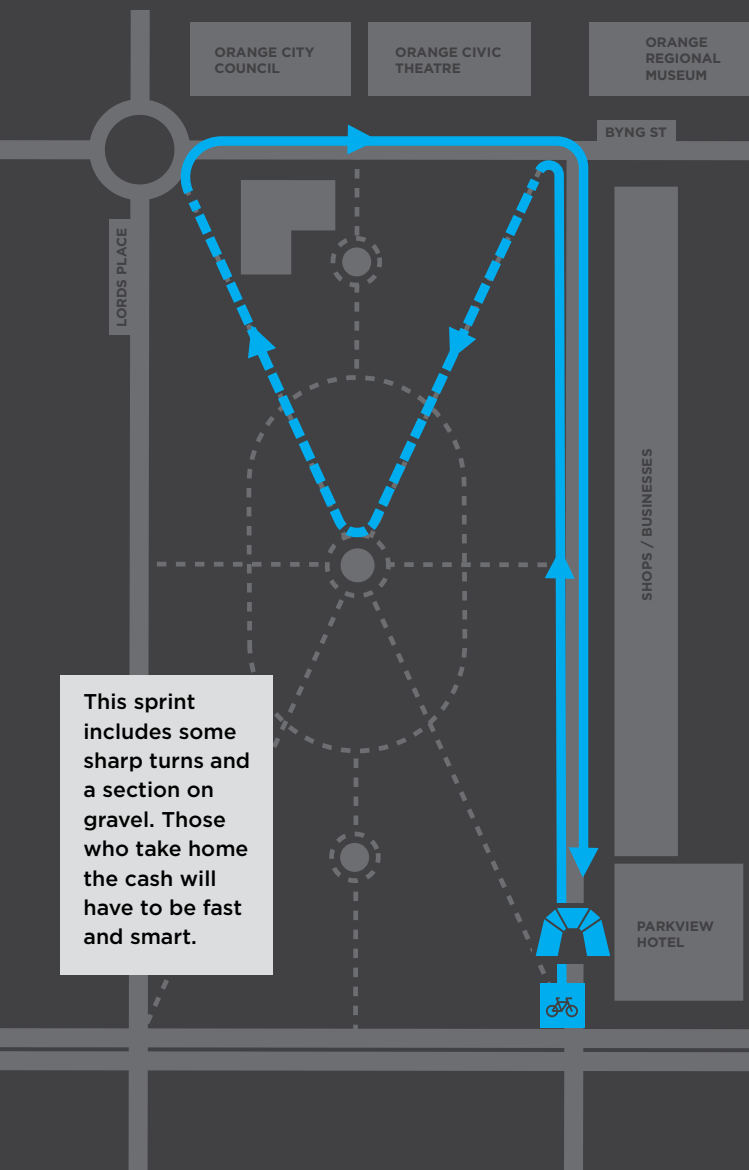
A total of \$2000 is up for grabs, split between female and male riders. Get a podium place to win a share of the prize money.

First male and female	<b>\$500 each</b>
Second male and female	<b>\$300 each</b>
Third male and female	<b>\$200 each</b>



# PROLOGUE IN THE PARK ROUTE

ROBERTSON PARK, ORANGE



This sprint includes some sharp turns and a section on gravel. Those who take home the cash will have to be fast and smart.

 START RAMP

 ROAD

 FINISH GANTRY

 GRAVEL

## WOMEN'S COMMUNITY

Our women's riding community helps encourage, empower and inspire more women to ride as we work towards correcting the gender imbalance in bike riding.

And we're proud to share that the Newcrest Orange Challenge is one of our events with the highest female participation rates!

Whether you're here with friends, or riding alone, please come along to our welcome session to meet our women ambassadors on Saturday 21 March for a social spin and coffee at Groundstone Café to hear more about what to expect from your ride on Sunday.

## WOMEN'S SOCIAL SPIN

Warm up the legs with this 20km social spin and coffee with our female members of Team Bicycle Network. Ask any pending questions and meet other riders.

### SATURDAY 21 MARCH

**Time** 1:00pm. Coffee to follow at 2:30pm.

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**Where** Purple Women's Community flag at Robertson Park

## WOMEN'S COMMUNITY MEETING POINT

Ride with the support and encouragement of our Women's Community ambassadors along the 70km and 170km ride options.

Assemble at the meeting spot and roll out with our female ambassadors at a steady and comfortable pace throughout the event. Our Women's Community leaders will be identified with a purple bib on the back of their jersey.

### SUNDAY 22 MARCH

**Time** 6:45am.

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**Where** Purple Women's Community flag at Robertson Park

# Event schedule

## Sunday 22 March

### 70KM RIDE

The 70km ride starts in Orange at Robertson Park and finishes in at Canowindra Showgrounds. Once you've finished riding you can relax and recover in the shade with lunch provided by Bicycle Network.

Coaches will start heading back to Orange at around 10:30am, with the last coach departing around 12:45pm. Coaches will depart Canowindra when all seats are taken. Once back at the event village you can continue celebrating your achievement with a free BBQ and drink.

TIMES	
<b>6:45am</b>	Final pre-ride briefing
<b>7:00am</b>	70km ride starts

### 100KM RIDE

The 100km ride starts at Canowindra Showgrounds and finishes at the event village at Robertson Park in Orange.

Before the ride, coaches will be available to transport you from the event village to Canowindra Showgrounds.

TIMES	
<b>7:30am</b>	Bike loading and coach boarding begins at Lords Place, Robertson Park
<b>8:00am</b>	Coaches depart from Robertson Park to Canowindra Showgrounds
<b>9:45am</b>	100km ride starts

### 170KM RIDE

The 170km ride starts and finishes at the event village at Robertson Park in Orange.

TIMES	
<b>6:45am</b>	Be at the start line ready to roll
<b>6:50am</b>	Final pre-ride briefing
<b>7:00am</b>	170km ride starts
<b>3:00pm</b>	Return valet bags available for collection

# Cut-off times

There are some ride times that you will need to stick to at Newcrest Orange Challenge so we can give you the best support possible.

Each rest area has a final arrival time that you will need to stick to. These times have been planned so people can ride at a reasonable average speed and arrive in time.

If you are falling behind, we ask that you retire gracefully, and we will help you in get to the finish line. Team Bicycle Network riders will also be on the road to help you.

LOCATION	70KM	100KM	170KM
<b>Cargo</b>	10:45am	-	9:30am
<b>Canowindra</b>	12:15pm	-	10:20am
<b>Belubula Way</b>	-	11:50am	11:50am
<b>Mandurama</b>	-	1:00pm	1:00pm
<b>Forest Reefs</b>	-	2:40pm	2:40pm
<b>Orange</b>	-	4:00pm	4:00pm
<b>Minimum average speed to reach cut-off times</b>	15km/h	17km/h	24km/h until Canowindra, then 18km/h until Orange

# When you finish...

Finishing the Newcrest Orange Challenge is an awesome achievement and we can't wait to celebrate with you!

There will be a complimentary BBQ and cold drink for everyone, so make sure you collect your tokens from the friendly finish line team once you arrive back at the event village. We also recommend you rehydrate with an appropriate sports drink and water.

After you've refuelled you can take some time to relax and enjoy the community atmosphere at the event village. There will be fun activities for friends and family, so make sure they come down to meet you after the ride!



10% OFF

CODE: ORANGE20

# Event assistance

We've got your back out on the road!

If you need a hand, spot a hazard or have a query on the ride day, please contact our event assistance team on the numbers below.

## IS IT AN EMERGENCY?

Does it require Ambulance, Fire or Police?

**NO**

**CALL EVENT  
ASSISTANCE**

0425 381 816  
or  
0425 777 484

**YES**

**STEP 1:**

Call  
EMERGENCY  
SERVICES **000**

**STEP 2:**

Call EVENT  
ASSISTANCE  
0425 381 816 or  
0425 777 484

In case of an emergency it is always recommended to call **000** first.

Calling event assistance **after** calling 000 is essential so that, where possible, Bicycle Network can work with the Emergency Services to facilitate the appropriate response.

# On-road support

## ROUTE MARSHALS

There will be more than 150 route marshals along the route who can provide directions, encouragement and assistance. Give them a wave, listen to their instructions and let them know if you need a hand.

## FIRST AID

First aid will be available at all major rest areas:

- » Robertson Park, Orange
- » Canowindra
- » Mandurama
- » Finish site

If you need assistance while out on the road, please contact our team who will be able to send one of our motorcycle marshals your way!

## MECHANICAL SUPPORT

Mechanical support will be provided by local mechanics from DG Cycles and will be at the following locations:

- » Robertson Park, Orange
- » Canowindra
- » Mandurama
- » Finish site

There will be a roaming mechanic as well, so please contact event assistance if you're in a pinch.

## SAGS

Can't make it to the finish line? We get it - sometimes the day just doesn't go your way. But don't fear, we'll still get you home.

Pull over in an appropriate location, tip your bike upside down and our friendly SAG (support and gear) team will pick you up as they come through.



# Nutrition and hydration schedule

Come and see us at Robertson Park on Saturday to collect your Prep'd hydration drink. Prep'd will significantly boost absorption of fluids and electrolytes, helping to reduce fatigue and improve performance.

	70km	100km	170km
<b>Orange</b> Start line		Banana bread & apple	
<b>Bowan Road</b> Water stop	Water	N/A	Water
<b>Cargo</b> Rest stop	Water, Winners energy products, bananas and slice	N/A	Water, Winners energy products, bananas and slice
<b>Canowindra</b> Super stop	Water, electrolytes, lunch of sandwich, muffin and fruit	Water, electrolytes	Water, electrolytes, fruit and slice
<b>Belubula Way</b> Rest stop	NA	Water, electrolytes, Winners energy products	Water, Winners energy products
<b>Mandurama</b> Lunch stop	NA	Water, electrolytes, lunch of sandwich, muffin and fruit	Electrolytes, lunch
<b>Small Hut</b> Water stop	NA	Water	Water
<b>Forest Reefs</b> Rest stop	NA	Water, soft drink, lollies, Winners energy products	Water, Winners energy products
<b>Orange</b> Finish line	Beer, cider, soft drink and BBQ		

# Ride checklist

Use this checklist to make sure you have all the essentials to have the best ride possible and complete the Newcrest Orange Challenge.

## ESSENTIAL ITEMS:

- Fully charged front white light & red rear light
- Two full water bottles
- Wrist band
- Gloves
- Additional food supplies
- Puncture repair kit
- Spare tubes
- CO2 canisters or pump
- Waterproof rain jacket
- Sunscreen
- Sunglasses
- Money/eftpos/credit card

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—Emily Watts, Subaru Giant Racing

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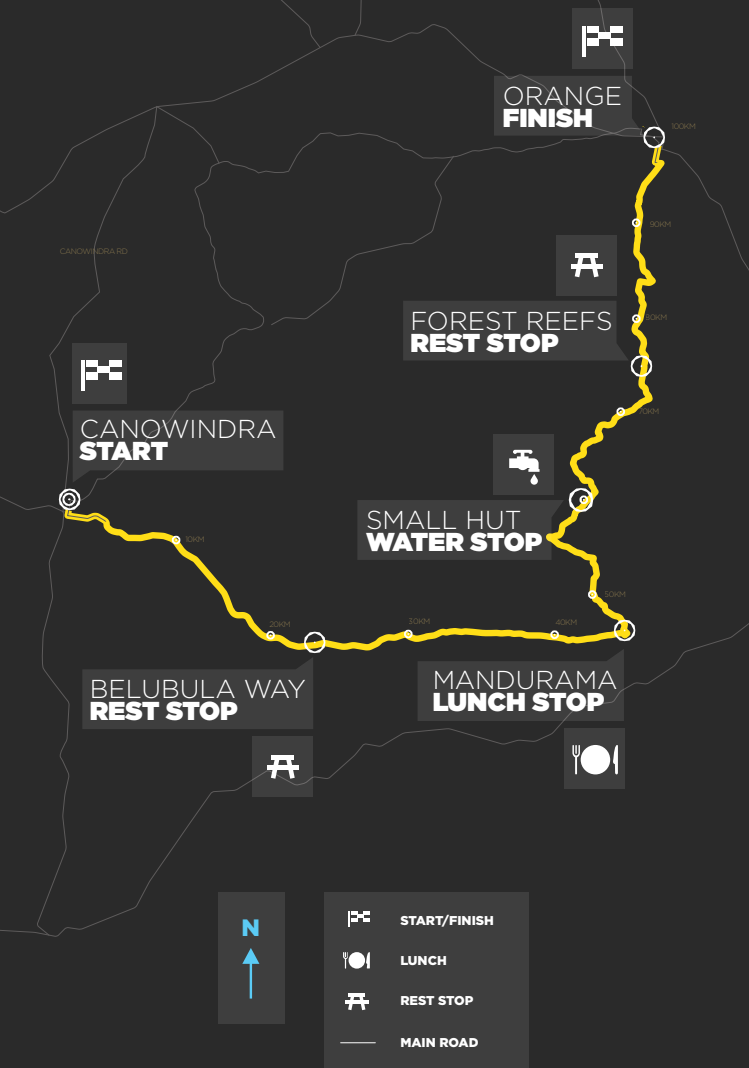


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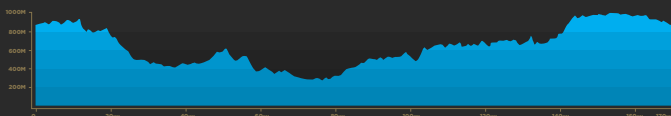
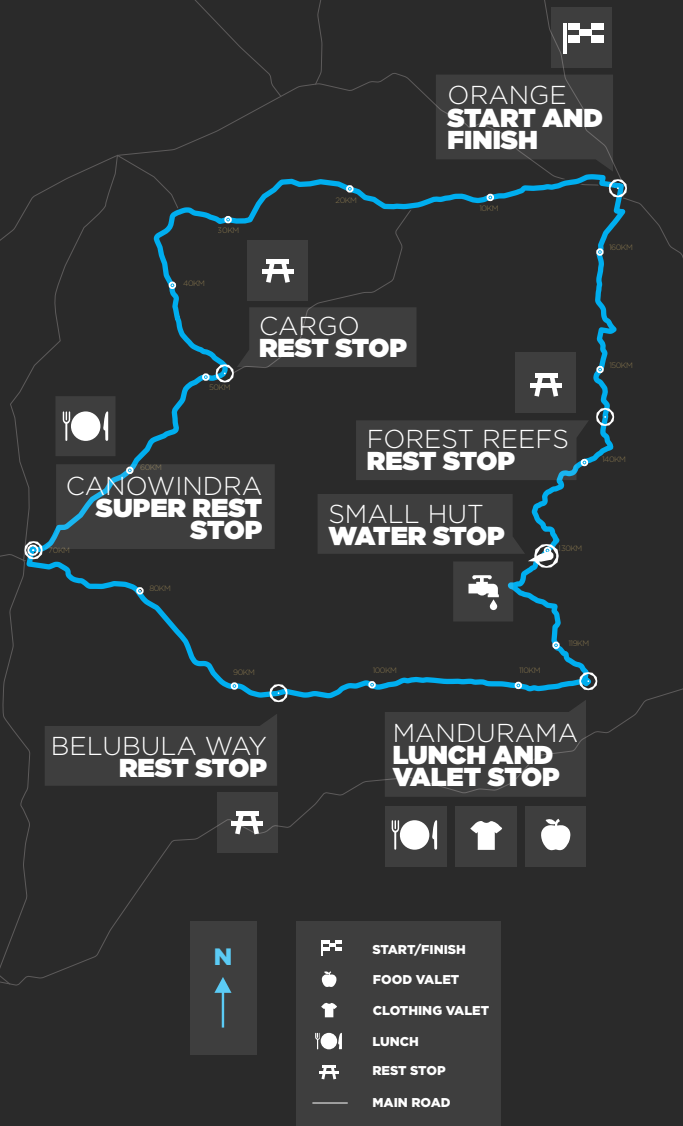
# 70KM RIDE



# 100KM RIDE



# 170KM RIDE



# Volunteers

The success of the Newcrest Orange Challenge relies on the dedication of more than 200 volunteers, many of whom join us from the following local community groups:

- » Rotary Club of Orange Daybreak
- » Rotary Club of Blayney
- » Country Women's Association - Canowindra
- » Cargo Public School P&C
- » Spring Terrace Public School P&C
- » James Sheahan Catholic High School
- » Canowindra Squash Club

A massive thank you also to volunteers Keith, Neil, Pete, Rob, Bob and Adam who have driven from Melbourne with a lot of supplies to make this ride happen.

Please take the opportunity to say hello and thank each of our volunteers for their incredible efforts across the weekend.

If you are interested in getting involved, please contact us at [volunteer@bicyclenetwork.com.au](mailto:volunteer@bicyclenetwork.com.au)



# Event sponsors

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## Event sponsors

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