RIDE GUIDE
WILSONS PROMONTORY TO TRAFALGAR

25 NOV — 3 DEC 2017
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Thank you so much for coming to join us on the Great Vic. I know you could have instead gone to places like Vietnam, Bali and France. Places that would impress your friends when you tell them where you’ve been.

But telling your friends is nothing like sharing the experience with friends. That’s what makes the RACV Great Vic so special. It’s a place where old friends make new memories. It’s a place where new friendships are formed. The magic mix of lycra, tents and being out of the city just seems to make everyone friendlier.

But as well as the riders, the hundreds of people that work together to make the RACV Great Vic possible leave with amazing friendships. They bond over setting up a pop up town for thousands of people in a few hours, looking after riders as they pedal the beautiful countryside and making sure thousands of people are fed and watered.

So savour every moment. If things get hectic in the lead up to Christmas just stop and think about a magic moment from the ride when you and a friend laughed, helped each other or just kicked back.

Craig Richards
Chief Executive Officer

RACV is delighted to once again sponsor the RACV Great Victorian Bike Ride, the biggest multi-day cycling event in the southern hemisphere.

RACV is committed to improving the mobility and wellbeing of our 2.1 million members and the broader Victorian public. We demonstrate this commitment daily through our advocacy to enable better and safer transport around our state, and the diverse range of mobility services and products that we provide such as RACV Car Share, Bike Assist and Melbourne Bike Share. The RACV Great Victorian Bike Ride is one of the many worthy activities we support to promote bike riding as not only a leisure activity, but a viable transport alternative.

Now in its thirty-fourth year, this truly great cycling and camping adventure continues to build a reputation as one of Victoria’s must-do events, and one that injects significant commercial benefit into regional Victoria.

Whether you have opted for the three-day 211km ride, the five-day ride over 328km, or the full nine-day 539km journey, your experience promises to be memorable. Starting in the world-famous Wilsons Promontory, full of places to explore, the RACV Great Vic is a great way to see Gippsland.

Many riders tell us that the strong camaraderie developed among the enthusiastic participants has led to new and lasting friendships. RACV is proud to support you during your journey and RACV members will be welcomed throughout the ride with many exclusive activities and surprises along the way.

As a new rider to this year’s event, I look forward to meeting participants new and old along the way, particularly those representing schools from near and far. On behalf of RACV, enjoy your ride and have a great holiday experience.

Elizabeth Kim
General Manager Mobility
RACV

BICYCLE NETWORK EVENT MANAGEMENT TEAM

Event Manager ......................Jess Klar
Route Operations ....................Kahlia Dix
Site Operations .......................Nick Buckley
Community & Stakeholder Engagement ..................Fiona Neuwirth
Volunteer Coordinator .............Bridget Bourke
General Manager - Events ........Rebecca Lane
THE EVENT TEAM

Our Event Team are the wheels that keep the RACV Great Victorian Bike Ride moving!

The RACV Great Vic simply would not exist without the 300+ dedicated volunteers who work with us to make this unique cycling event happen.

Donating their time, skills and knowledge, our volunteers work hard to make sure everyone enjoys their experience. So if you get the chance, please take a moment to thank them.

TEAM LEADERS

Working with us throughout the year to help plan the RACV Great Vic and get it up and running, are our passionate Team Leaders.

Cheer Squad ................................................................. Joan Denison
Bar ................................................................................. Jess White
Campsite ................................................................. John McCurdy
Campsite Services .................................................. Rob Priestley
Campsite Services 2IC ......................................... Geoff Inglis
Catering – Campsite ........................................ Janette Adams & Margaret Chaplin
Catering – Lunch ......................................................... Neil Warren
Catering – Equipment ........................................... Neil White
Eco ............................................................................... Maggie Luke-Davies
Flying Squad ............................................................ Grant Whiteside
Good Oil ...................................................................... Uyen Nguyen
Live Easy Tents ....................................................... Loris Jackson
Logistics ................................................................. Keith Porter
Main Street ............................................................. Hamish Haugh
Route Services ....................................................... Andrew Smith
SAG Vehicles .......................................................... Frank Coppens
Signs ........................................................................ Sharon Margetts
Signs 2IC ................................................................. Adam Smith
Volunteer Support .................................................. Lyall Hill
WARBY ................................................................. John Pyle
WARBY 2IC ............................................................. Brenton Harty

EVENT ASSISTANCE

Whether you’re out on the road or at the campsite, if there’s an emergency or incident, we can help you out.

IS IT AN EMERGENCY?

Does it require Ambulance, Fire or Police?

YES

CALL EVENT ASSISTANCE
0425 381 816 or 0425 777 484

NO

STEP 1:
Call EMERGENCY SERVICES 000

STEP 2:
Call EVENT ASSISTANCE 0425 381 816 or 0425 777 484

In case of an emergency it is always recommended to call 000 first.

Calling event assistance after calling 000 is essential so that, where possible, Bicycle Network can work with the Emergency Services to facilitate the appropriate response.

After-hours

Once the route closes, the Event Assistance phones are monitored by Campsite Security from 5.30pm until 4.30am. If you require assistance, they will be able to help, so please just call the numbers above.
EXCLUSIVE MEMBER BENEFITS

MEMBERSHIP LOUNGE
Come and join us at the Member’s Lounge from 4pm–6pm at the Spokes bar in Maffra and Seaspray. It is the perfect spot to sit back and relax after the ride. Bring your riding buddy and show them the perks of being a Bicycle Network member.

MEMBER SHOW AND SAVE
Be on the lookout for the ‘Show & Save’ sign in local shops and flash your membership card to save!

If you’re not a member, join now at bicyclenetwork.com.au/membership to make sure you’ll be able to take advantage of our exclusive member rewards.

Bike riding insurance from just $9.99/month with no lock-in contract

JOIN NOW bicyclenetwork.com.au #TogetherWeRide
**RULES AND ETIQUETTE**

- Obey the road rules, the police, traffic controllers and route marshals.
- Be aware of your surroundings - remember to look around.
- Ride no more than two abreast (side-by-side).
- Ride single file where signed or where there are double lines, do not cross double lines.
- Pass only in single file.
- Pass only to the right of other riders.
- Communicate: call ‘passing’ when passing or ‘stopping’ when stopping, call or point out any hazards on the road.
- Move to the left to allow motor vehicles to overtake.
- Move well off the road before you dismount, walk your bike well off the road.
- Rest when you’re tired, rest only on the left-hand side of the road.
- Don’t wear headphones while riding, don’t use a mobile phone while riding.
- Keep alert; most accidents happen when concentration lapses.
- Leave enough space between you and the bike in front of you.
- If you find someone in distress, stop and offer help. If it’s an emergency call 000, or call Event Assistance for all non-emergency matters. Even if you can’t help, some company is great.
- Be aware that weather will affect the conditions in which you are riding.
- Be seen: wear bright clothes when you’re riding.
- A helmet must be worn at all times while on your bike.

**SAFE CYCLING GUIDE**

- Be aware of where you are riding on the road.
- Ride in the Green Zone.
- Pass, when safe to do so, in the Orange Zone.
- STAY OUT of the Red Zone, this is for oncoming traffic.
- Where the shoulder is a solid surface, this can be a good place to ride.
ON THE ROAD

OUR BIG THREE POINTS FOR ENJOYING YOUR RIDE:

1. Be prepared – Take appropriate gear and equipment with you (see Checklist below)
2. Lights – Ensure your bike is fitted with both front and rear lights
3. Road rules – Always obey the road rules when riding

ROUTE OPENING TIMES

All ride days (except Day 2) the route is open from 6:30am. You must be on the road by 8:30am.

Please be aware that if you leave the campsite prior to 6:30am or after 8:30am, you will be unsupported in your journey.

DEHYDRATION

Unfortunately, dehydration can be common amongst cyclists, but it is easy to avoid. We recommend:

- Make sure your bike has at least two water bottles
- Drink more liquid than your thirst indicates throughout the ride
- Fill up your bottle at every rest area and drink one whole bottle (or more) between each rest stop (i.e. every 25km)
- Use 30+ sunscreen and wear appropriate clothing.

CHECKLIST

EACH DAY, BEFORE YOU LEAVE, CHECK YOU HAVE:

- Your ride guide and ride passport
- Suitable clothing for ALL conditions
- Spending money and mobile phone
- Basic first-aid kit and bike tool kit
- Bike lights with charged batteries
- Water and snacks
- Sunscreen
ALONG THE WAY

REST AREAS
Rest Areas are designated off-road sites, located every 25-30km along the route, where you can access first aid, water and toilets. Look for signs and listen to the marshals, as they direct you to the entrance.

LUNCH
On ride days lunch is collected from the lunch stop. While on the rest day and last day you are responsible for your own lunch.

ROUTE MARSHALS AND TRAFFIC MANAGEMENT
Marshals and traffic controllers are located along the route, and we ask that you follow their instructions in relation to:

- Directions - They’ll let you know when or how to make a turn
- Intersections - They’ll help you through busy intersections
- Hazards - They’ll identify and give clear instructions to help you stay safe.

MEDICAL
First Aid is located at all rest and lunch areas. If you require first aid along the route call Event Assistance for support. In the case of an emergency please call 000.

NEED A HELPING HAND?

WARBYS
The WARBY (We Are Right Behind You) Team are volunteer riders who can help you with basic mechanical problems and provide that little extra support you may need to get you up the big hill or through any challenging sections.

BIKE MECHANICS
Professional bike mechanics will be stationed at most rest areas, lunch stops and campsites, and can provide mechanical support to get you back on the road.

THE SAG WAGON
The SAG (Support And Gear) Wagon supports cyclists who are injured, unwell or have mechanical problems. If you need a lift, find a safe spot off the road, and put your bike upside down to indicate you need help. Contact the Event Assistance number if required. Wave the SAG Wagon down as it approaches. SAG Wagons will take you and your bike to the next campsite and bikes can be collected from The Hub in the evening.
**Elevation Profile**

**Daily Route Overview**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Location 1</th>
<th>Location 2</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1</td>
<td>Saturday 25 Nov</td>
<td>Wilsons Prom</td>
<td>No riding</td>
<td></td>
</tr>
<tr>
<td>Day 2</td>
<td>Sunday 26 Nov</td>
<td>Wilsons Prom</td>
<td>Foster</td>
<td>60km</td>
</tr>
<tr>
<td>Day 3</td>
<td>Monday 27 Nov</td>
<td>Foster</td>
<td>Yarram</td>
<td>66km</td>
</tr>
<tr>
<td>Day 4</td>
<td>Tuesday 28 Nov</td>
<td>Yarram</td>
<td>Seaspray</td>
<td>90km</td>
</tr>
<tr>
<td>Day 5</td>
<td>Wednesday 29 Nov</td>
<td>Seaspray</td>
<td>Bairnsdale</td>
<td>111km</td>
</tr>
<tr>
<td>Day 6</td>
<td>Thursday 30 Nov</td>
<td>Bairnsdale</td>
<td>No riding</td>
<td></td>
</tr>
<tr>
<td>Day 7</td>
<td>Friday 1 Dec</td>
<td>Bairnsdale</td>
<td>Maffra</td>
<td>86km</td>
</tr>
<tr>
<td>Day 8</td>
<td>Saturday 2 Dec</td>
<td>Maffra</td>
<td>Glengarry</td>
<td>77km</td>
</tr>
<tr>
<td>Day 9</td>
<td>Sunday 3 Dec</td>
<td>Glengarry</td>
<td>Trafalgar</td>
<td>50km</td>
</tr>
</tbody>
</table>
From our starting point in Tidal River, day one is an opportunity to adapt to the RACV Great Vic’s slower pace of living. Work out the kinks from your journey south with a hike up Mt Oberon – complete with stunning 360 degree views of the Prom – or feel the sand between your toes at Squeaky Beach.

Meet some new friends at Spokes Bar over a cold one (or two...). Or simply take a moment to give your bike a tune-up and remember how to put your tent up. There’s a long way to go and there’s already nowhere else you’d rather be.

**TODAY’S HIGHLIGHTS**

- Rory Matthew (Café De Canvas 7:30pm – 10pm) – Warm, Enticing, classical acoustic covers to tap your feet to! Perfect tunes to get into the RACV Great Vic pace of life!
- Get out and about with a hike in Wilsons Prom. On arrival day book into a guided group hike which will be carried out by the local residents of South Gippsland.

**ON ARRIVAL**

- Pick up your registration pack
- Put on your passport
- Attach tags to bike and bag/s
- Set up camp
- Enjoy Wilsons Promontory

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**EVENT TEAM TOP TIP**

Make sure you don’t keep any food in your tent, the wombats are bound to sniff it out and find a way to get it. Even if it does mean creating a giant hole in your tent!
Today’s route doesn’t open until 7:30am. Enjoy a sleep-in and arrive at the start prepared for wave starts.

**TODAY’S HIGHLIGHTS**

- Don’t forget to bring your camera along today, there are many amazing views of the Prom from the route that are sure to take your breath away.
- Pub Trivia (Café De Canvas 7.30pm – 10pm). Test your braincells at the Sunday Night Pub Quiz. There are prizes to be won if you can get your grey matter geared up!
- Don’t miss out on visiting the street party that the Foster Community will be putting on to make all the riders feel very welcome in their beautiful town.

**WARBY TIPS**

- Whether you are a first-time RACV Great Vic rider or a regular, you must follow the directions of the on-route support teams and Police.
- As we journey out of the Prom there are a few cattle grids to ride over. Be cautious while riding over or if you are not confident, hop off and walk – there’s no shame in not hurting yourself.
COMMUNITY MESSAGE
Welcome to Prom Country-South Gippsland, a playground for cyclists.

Beginning your adventure at the Prom you will ride through one of Victoria’s iconic national parks from coastal views to heathland vistas and then travelling on through the lush green hills of Yanakie to Foster.

Passing the Great Southern Rail Trail you will enter Foster, which was voted “the most welcoming town” by riders on the 2007 GVBR. Locals will make you welcome with a range of activities for your enjoyment during your stay.

Foster Golf Club

Route departure: 6.30am – 8.30am
Campsite opens: 12 noon

After a restful night in the crispy country air, you’re ready for a fantastic day’s riding from Foster to Yarram. There’s a lot to take in on the route today – views of the Prom off to the side, a rumpled green blanket of farmland around and the Strzelecki Ranges rolling ahead.

Passing through Toora, the sights of South Gippsland are all around you. Trending slightly uphill, there are a few cracking descents from Woorarra down to Welshpool to enjoy, and then you’ll have a pretty flat run into Yarram.

TODAY’S HIGHLIGHTS

- Make sure you stop and have a look around the old town of Toora. It’s the perfect place to stop for a coffee before you begin the climb to Woorarra.

- Shaun Kirk (Café De Canvas 7:30pm-10pm) is a pioneering blues and roots musician from Melbourne whose ability to multitask will amaze you, as well as get you up and dancing!

- There is something in the town centre of Yarram to please everyone, it’s well known for being frequented by many kangaroos. Make sure you visit the old Court House, which is an architectural gem

WARBY TIPS

Today we are travelling on some spectacular windy roads. Ensure to stick to the left, ride in single file and only overtake when safe to do so. Remember: call “passing” when overtaking another rider and “stopping” when you are slowing, particularly if there are lots of riders around you; call “car back” when there is a car approaching from behind; call “car up” when there is a car approaching from the front...
Yarram has long been regarded as one of Gippsland’s prettiest towns. The town itself is friendly and inviting, with cafes, restaurants and speciality shops. Visit the historic Courthouse Gallery, Information Centre, the Memorial Gardens or perhaps the award-winning golf course located a short distance to the east of town. Visit The Regent Theatre in Yarram, a unique art deco style building built in 1930. Experience a silent movie complete with pianist.

Nearby is historical Port Albert – one of Victoria’s first port towns. Port Albert is still a working fishing village where you can enjoy some of Australia’s finest fish and chips.

North of Yarram you’ll find the stunning Tarra Bulga National Park, home to lush fern gullies, Mountain Ash and many great walks including Corrigan’s Suspension Bridge Walk.

YARRAM

COMMUNITY MESSAGE

Yarram Tarra Trail Reserve

Shop

Yarram Recreational Reserve

Court House

Camp site

Route departure: 6.30am – 8.30am
Campsite opens: 12 noon

Leaving Yarram, you’ll be heading gradually downhill through some of Victoria’s richest dairy-farming country. Lush pastures will give way to a more heavily wooded landscape as we enter the roads around Won Wron plantation and are enveloped by its lofty trees. There’s a spectacular yet difficult climb through Won Wron up to Carrajung Lower, but all things must come to an end and soon enough we’re heading toward the coast again.

Our destination is the fittingly named Seaspray, located on Ninety Mile Beach. With salt air luring us to the coast, the longest day yet of the RACV Great Vic concludes with the beach nearby and a perfect excuse to sunbathe and splash.

TODAY’S HIGHLIGHTS

• Start the day off with a climb out of Yarram through the Won Wron plantation. You’ll be surrounded by trees that look like they are touching the sky!
• David Salter, (Spokes Bar 2:30pm – 5pm) delivers cabaret style tunes – on a ukulele – next to a beach. What’s not to love?
• A visit to the beach is a must do. With the local life saving club on board for the day, why not go for a dip. Remember to always swim between the flags!

WARBY TIPS

• When signed, ensure you stay in single file, keep left and only overtake when safe to do so. Also, make sure you are signalling and talking to your fellow riders.
• There is a lot of wildlife in the area today. As amazing as it is, ensure you ride with caution.
• Even on closed roads road rules still apply. Keep left and be vigilant, as event vehicles will still be on the road.

When entering a rest area ensure you pull right off the road and make your way into the site. Nobody likes someone blocking the entrance.
COMMUNITY MESSAGE

On the famous Ninety Mile Beach, the unspoilt town of Seaspray invites you to try many water based activities including surfing, swimming and surf fishing. For those who seek a gentler option away from the breakers, Merrimans Creek offers a tranquil swimming and fishing option. In addition, there are walks, tennis, picnic and playground facilities. Learn Seaspray’s remarkable history on boards located around town. Captivating chainsaw sculptures greet you at the entrance to town and Memorial Park.

At the heart of the community is the new Seaspray Surf Life Saving Club with breathtaking views across the town and the Ninety Mile Beach.

TODAY’S HIGHLIGHTS

- The longest day ever on the RACV Great Vic (by 390m)!
  This will be a highlight, and a challenge.
- The National Trust classified Swing Bridge is located between Longford and Sale. It is the oldest surviving swing bridge in Australia, dating from 1880, regarded as one of the engineering wonders of Gippsland.
- Lake Guthridge in Sale is an amazing site, make sure you kick back for a break and soak in the views.
- Big Hero 6 (Outdoor cinema screen 5pm) is an absolute cult classic – this animated film is a delight for adults and kids alike!

WARBY TIPS

- Remember this event is a ride, not a race. Pace yourself, especially on these longer days.
- When crossing railway lines, such as today, approach straight across the tracks. For tracks on an angle, or when raining, dismount to cross. Always use caution and obey signals when necessary.

EVENT TEAM TOP TIP

Today is a long day, ensure you are packed with plenty of supplies to get through the ride.
Water is very important, especially on longer days. Carry two full drink bottles and aim to completely drink one before you reach the next rest area.
Remember, eat before you are hungry and drink before you are thirsty!
The rest day is perfect for kicking back, relaxing and checking out what Bairnsdale has to offer. Take a look at the huge range of optional tours and activities or jump back on the bike and explore the local area.

TODAY’S HIGHLIGHTS

• The RACV Great Vic Talent Quest (Café De Canvas 7:30pm – 10pm) – Tonight you can be a star, bring your secret talents, be they musical, thespian or maybe you can eat an entire jar of pickles without stopping! We love ‘em all! Prizes to be won from our panel of judges.

• Ready to take on the RACV E-Bike Challenge? Around the campsite today you can race an RACV Avanti E-Bike against the clock. Test out the full power of the Shimano Steps motor for your chance to win some great prizes!

WARBY TIPS

• Make some time to give your bike some well-deserved TLC. Check for loose fittings, lubricate the chain and prepare it for the final three days.

COMMUNITY MESSAGE

Welcome to East Gippsland, we hope you enjoy your visit and take in as much as you can on your rest day. Bairnsdale is set on the banks of the Mitchell River and close to lakes, rivers, mountains and forests. There is so much to do and year-round enjoyment with MTB trails, a rail trail, lake and river activities, retail therapy, local food and wine, spas and beauty, and culture. People love living and visiting here.

To book an overnight stay, go to www.visiteastgippsland.com.au or call 1800 637 060 or follow us on Facebook or Instagram @loveeastgippsland.
Route departure: 6.30am – 8.30am
Campsite opens: 12 noon

Leaving Bairnsdale with a new spring in your step, you’ll now be heading slowly back west and edging closer to the foothills of the Great Dividing Range. That means rolling hills and lush foliage, as well as another steady run of friendly small towns along the way.

Soon after leaving Bairnsdale, the route brings us through the valley at Hillside and to Lindenow – a tiny town full of surprises, with its small traditional Irish pub and furniture store. We pass through the RACV Great Vic favourite, Briagolong, and Boisdale before finally arriving in the pretty town of Maffra having completed a hilly but beautiful 86 kilometres.

TODAY’S HIGHLIGHTS

• Today is rollercoaster day, a section through Gippsland’s plantation region that is full of ups, downs, twists and turns. You are sure to go through this section with a smile on your face.

• Darcy Fox (Spokes Bar, 2:30pm – 5pm) – Having been strumming her heart out since she was 15, Darcy Fox’s melodic, country-inspired music is sure to be the perfect wind-down from your ride.

• Take a visit to the wonderful Avon Ridge winery. Overlooking the iconic Gippsland landscape of grapevines and the Avon River Valley’s rolling pastures, Avon Ridge is more than a vineyard, it’s an experience.

WARBY TIPS

• There are a lot of ups and downs today so remember change gears before the hill, not half way up, and keep spinning.

• There are some changed traffic conditions today. Ensure you listen and follow the instructions of marshals, traffic controllers and Victoria Police.
Route departure: 6.30am – 8.30am
Campsite opens: 12 noon

From Maffra, our canvas community heads north and meets the eastern shore of Lake Glenmaggie. We skirt its southern perimeter, enjoying the views of the water and access to several spots to stop for a dip (remember to pack your bathers!).
The scenic sights continue, with spectacular views as you ride through Glenmaggie Nature Conservation Reserve.
The next town on the way is Cowwarr, which is, fittingly enough, a dairy farming area. Be sure to visit Cowwarr Art Space situated in the Old Cowwarr Butter Factory building. From there it’s farmland views stretching to the horizon between Toongabbie and Glengarry, including cornfields. Hopefully you’re ready to send the RACV Great Vic out with style in Glengarry – the last night’s quite a party – and celebrate the achievement of your journey through Gippsland.

TODAY’S HIGHLIGHTS:
• You will find yourself pedalling past Lake Glenmaggie, an amazing site indeed! Why not cool your feet off in the water with a paddle.
• 80s Enuff at the Café De Canvas (7:30pm – 10pm) are the ultimate 80s tribute group. If you’ve not heard about the closing-night party these legends deliver then you are in for a treat! This is sure to be the biggest night of the ride!
• This town will be shutting down the main street of Glengarry to put on a festival just for you. There will be plenty of activities and delicious local delights for you to enjoy.

WARBY TIPS
• Always listen to the Marshals’ instructions, they provide very important information on the road.
• Some of the roads between Maffra and Glengarry are single lane. Make the effort to keep left, ride in single file and only overtake when safe to do so.
COMMUNITY MESSAGE

Welcome to a very special part of Victoria. Latrobe City is delighted to once again host the Great Vic Bike Ride and welcomes cyclists, volunteers, support crew and organisers. This event is an exciting adventure, with inspiring views, new places, new friends, and memorable experiences. Take the opportunity to explore Latrobe City, a region of surprising contrasts with vibrant towns and charming villages, refreshing national parks and picturesque rail trails. You can sample award winning wines, enjoy shopping in boutiques, wander through a gallery or museum, or take to the skies.

Step back in time at Old Gippstown with authentic relics of days gone by, or see the spectacular display of thousands of roses at Morwell Centenary Rose Garden, discover the story of Gippsland migrants at Gippsland Heritage Walk or get up close and personal with a majestic power station. Latrobe City offers something for everyone. We hope you have a safe and unforgettable trip and enjoy our warm hospitality.

GLENGARRY

TODAY’S HIGHLIGHTS

• Another day not to forget the camera. As we take the high road, there are some outstanding views across the Gippsland Valley.
• We’re not sure whether to call this a highlight but the Moe Power Station definitely is something you don’t see every day. There is a great view of this around Yallourn.
• Trafalgar is rearing to give you the best end of event celebration ever! Get ready to have a blast with your family and friends and other riders once you cross over that finish line.

WARBY TIPS

• Aain to get to the finish? Get on the road early but don’t rush. Ride safely, be patient and enjoy your final day of the 2017 RACV Great Victorian Bike Ride.
• It’s always great to cross the line together. Ensure to find a nice space where you can get completely off the road to wait for your friends. That way you and other road users are safe.

EVENT TEAM TOP TIP

It’s been a long 9 days, if you are driving from the event make the effort to get ample rest before getting behind the wheel. Better yet, opt to use our transport, we will get you home safely. Transport can be booked at the hub.
The official finish site for the 2017 RACV Great Victoria Bike Ride is:

Trafalgar Recreational Reserve

Haven't booked transport home?

You can book it now at The Hub information centre.

Coach transport

Regional coaches leave midday, unless all passengers are on board prior.

Melbourne coaches will depart once full, with the last departing at approximately 2pm.

EVENT TEAM TOP TIP

After crossing the finish line it’s time to grab your belongings and make your way home. Keep in mind that there will be many others doing the same thing, so remember that patience is a virtue. The Bicycle Network team will be working very hard to assist you make your transition home as easy as possible so ensure you follow their instructions.

PICK UP & EVENT PARKING

1. Turn onto Waterloo Rd via Yarragon-Shady Creek Rd (No access to Waterloo Rd from Trafalgar).
2. Public event parking available in Trafalgar Reserve. Please follow marshal instructions.
3. Exit car park onto Waterloo Rd. MUST exit towards Yarragon.
2018?

LOCATION LAUNCH
REST DAY EVE

PARTY

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SAT 25TH / SUN 26TH NOV .......................... 57
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THE LINE UP

SAT 25TH NOV - TIDAL RIVER

Café de Canvas
14:00 Activities Corner
19:00 Rider briefing
19:30–22:00 Rory Matthew

Spokes Bar and Roving Artists
Spokes Bar not open
Roving David Salter

Outdoor Cinema
17:00–18:30 Finding Dory
19:30–22:00 School of Rock

Excursions and Activities
10:30 4WD tour*
All day Helicopter flights*
18:00 Early evening yoga class

SUN 26TH NOV - FOSTER

Café de Canvas
14:00 Activities Corner
19:00 Rider briefing
19:30–22:00 Pub Trivia!

Spokes Bar and Roving Artists
14:30–17:00 Rory Matthew
Roving David Salter

Outdoor Cinema
17:00–18:30 Paper Planes
19:30–22:00 Deepwater Horizon

Excursions and Activities
07:00 Morning yoga class
15:00 Agnes Falls and local delights*
16:00 Afternoon stretching
## ENTERTAINMENT GUIDE

### MON 27TH NOV - YARRAM

**Café de Canvas**
- 14:00  Activities Corner
- 18:45  Wulgunggo Ngalbu Boys welcome
- 19:00  Rider briefing
- 19:30–22:00  Shaun Kirk

**Spokes Bar and Roving Artists**
- 14:30–17:00  David Salter

**Outdoor Cinema**
- 17:00–18:30  Secret Life of Pets
- 19:30–10:00  Hunt For The Wilderpeople

**Excursions and Activities**
- 07:00  Morning yoga class
- 12:00 & on 18 holes of golf*
- 16:00  Afternoon stretching

### TUES 28TH NOV - SEASPRAY

**Café de Canvas**
- 14:00  Activities Corner
- 19:00  Rider briefing
- 19:30–10:00  Ten Gallon Rush

**Spokes Bar and Roving Artists**
- 14:30–17:00  David Salter

**Outdoor Cinema**
- 17:00–18:30  BFG
- 19:30–22:00  Dodgeball

**Excursions and Activities**
- 07:00  Morning yoga class
- 16:00  Afternoon stretching

### WED 29TH NOV - BAIRNSDALE

**Café de Canvas**
- 14:00  Activities Corner
- 19:00  Rider briefing
- 19:30–22:00  Amnesia Blues Band

**Spokes Bar and Roving Artists**
- 14:00–17:00  Ced Le Meledo

**Outdoor Cinema**
- 17:00–18:30  Big Hero 6
- 19:30–22:00  Arrival

**Excursions and Activities**
- 07:00  Morning yoga class
- 13:30  Sailing of Lakes Entrance*
- 14:30 & on  Culture, Caves and Beer*
- 14:30  Caves, Beers and Vines*
- 16:00 & on  Beers and Vines*
- 16:00  Afternoon stretching

### THURS 30TH NOV - REST DAY

**Café de Canvas**
- 14:00  Activities corner
- 15:30–18:00  Harry Hookey
- 19:00  Rider briefing
- 19:30–22:00  Talent Quest

**Spokes Bar and Roving Artists**
- Spokes Bar not open
- Roving  Niq Reefman

**Outdoor Cinema**
- 17:00–18:30  Pete’s Dragon
- 19:30–22:00  The Sapphires

**Excursions and Activities**
- 07:00  Morning yoga class
- All day  Scenic Adventure Flights*
- 08:45 & on  Stand Up Paddleboard; Australian camel rides; Kayak paddle & dine; Rigby Island kayak tour*
- 13:00  Lonsdale Eco Cruises*
## FRI 1ST DEC - MAFFRA

**Café de Canvas**
- 14:00  Activities Corner
- 19:00  Rider briefing
- 19:30  Pocket Rocket

**Spokes Bar and Roving Artists**
- 14:30–17:00  Darcy Fox
- Roving  Niq Reefman
- Roving  Bairnsdale Brass Band

**Outdoor Cinema**
- 17:00–18:30  Cool Runnings
- 19:30–22:00  Fantastic Beasts and Where To Find Them

**Excursions and Activities**
- 07:00  Morning Pilates Class
- 13:00 & on  Maffra Vineyard visit*
- 16:00  Afternoon stretching
- 17:30 & on  Maffra Vineyard dinner*

## SAT 2ND DEC - GLENGARRY

**Café de Canvas**
- 14:00  Activities Corner
- 19:00  Rider briefing
- 19:30–22:00  80s Enuff

**Spokes Bar and Roving Artists**
- 14:30–17:00  Darcy Fox
- Roving  Niq Reefman

**Outdoor Cinema**
- 17:00–18:30  Up!
- 19:30–22:00  All For One

**Excursions and Activities**
- 07:00  Morning yoga class
- 13:15 & on  4WD tours*
- 16:00  Afternoon stretching

*These excursions are an additional cost and should be booked online no later than **17th November**. Limited spaces may be available on the event. To book, go to The Hub.
CAMPSITE TIMES

Ride days
Opens ..............................................................12 noon (except Day 2: 1pm)
Closes .....................................................................8:30am

Campsite Curfews
Quiet camping ..........................................................9:30pm
General lights out .....................................................10:00pm

CAMPING OPTIONS

GENERAL CAMPING
General camping is included in your ticket, which is a site for your tent and your bike. We don’t reserve or allocate specific campsites, so each day camping is first in, best dressed. With access to Café de Canvas, two bars, food and coffee vendors, local artists, activities, toilets, showers and all camp amenities, you’ll never be short of something to do in our general camping area. In the morning, pack your luggage and gear into one of our luggage trucks and we’ll move it to the next campsite for you. Lights out for general camping is 10pm.

QUIET CAMPING
Our quiet camping area is perfect for those seeking a little tranquillity with their camping experience. With an early curfew of 9.30pm, we ask quiet campers to keep noise levels to a minimum and respect the serenity of the quiet camping area. Quiet camping is included in your ticket, and is first in, best dressed.

DOME ZONE
Don’t have a tent, or not keen to put up your own each day? We’ll pick out a prime spot on campsite and set up your dome tent for you each night. A dome zone tent must be purchased in addition to your RACV Great Vic ticket and sleeps two.

STAND UP SECTION
Add a little extra luxury to your RACV Great Vic adventure by booking a tent in our stand up section. Kick back at the end of a day’s riding and arrive on campsite where one of our premium tents will already be pitched and waiting for you.

Stand up section tents feature a little extra headroom so that you can easily change standing up, and two bedrolls to ensure you’re comfy at night. A stand up section tent must be purchased in addition to your RACV Great Vic ticket and sleeps two.

INFORMATION FOR SCHOOLS

- School groups can make full use of their dedicated camping area, but everyone needs to respect the nightly noise curfew of 10pm.
- Supervising adults are responsible for making sure members of the group ride safely and obey the road rules. Also responsible for supervising members of the group while on campsite.
- Ride2School Zone will feature activities, sports equipment for student use, yoga and much more.
- School-specific daily briefings will be held at the Ride2School Zone in the schools camping area every night at 5pm, attendance from at least one supervising adult from each school is compulsory.
- Weather updates for the following day will be included in all 5pm school briefings.
CAMP FACILITIES

Café De Canvas

<table>
<thead>
<tr>
<th>RIDE DAYS</th>
<th>REST DAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage &amp; Bar Hours</td>
<td>2pm – 10pm</td>
</tr>
<tr>
<td>Breakfast</td>
<td>6am – 8am</td>
</tr>
<tr>
<td>Dinner</td>
<td>5pm – 7:30pm Each Day</td>
</tr>
</tbody>
</table>

The Cafe de Canvas is the heart of any RACV Great Vic campsite. A great meeting point, this is where you’ll dine each morning and night, and is also home to main bar and entertainment stage.

The Hub Information Centre

<table>
<thead>
<tr>
<th>RIDE DAYS</th>
<th>REST DAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>6am – 8:30am &amp; 12 noon – 8pm</td>
</tr>
<tr>
<td></td>
<td>8am – 8pm</td>
</tr>
</tbody>
</table>

The Hub is your one stop information centre during the RACV Great Vic. Located in Main Street, our brilliant Event Team can tell you what’s happening in town and on the campsite at each of our stops, as well as providing essential services such as lost property.

Food & Beverage Vendors

| Hours               | 6am – 9am & 12 noon – 9pm |

If you’re peckish between meals or after something to eat outside of the catering marquee, we’ve got you covered. Head to our Main Street area where you’ll be tempted by food trucks, coffee vans, community groups and other vendors.

Toilets and Showers

Multiple toilet trucks are located around the camping areas for your convenience.

Showers are located within the general camping area and are included in your ticket. Showers operate from 12 noon – 8.30pm on ride days, and from 7am – 8.30pm on rest day.

Charging Station

| Hours       | 12 noon – 8pm |

Worried about your phone or device battery dying while on the RACV Great Vic? Don’t be! ChargeSpot will be on site every day to keep you charged up.

There are limited spots so pre-book your unlimited charging now via greatvic.com.au and ensure you stay connected! By pre-booking you save $5 on the on-event cost.

Ebike charging

Make sure you drop off your ebike battery early to get the best possible charge, as unfortunately we are unable to charge ebikes overnight. If you do choose to drop your ebike battery off later in the afternoon, the team will still be happy to charge it for you, but will only be able to charge the battery until 15 minutes prior to the charging station closing time. You’ll need to supply your own charger and make sure your battery is in good physical condition. For safety reasons obviously damaged batteries cannot be charged.

Free tea, coffee & milo

| Hours               | 6am-8am & 2pm-9:30pm | 6:30am-11am & 5pm-10pm |

Our free tea, coffee and milo station is the perfect antidote to a chilly morning or evening on the RACV Great Vic. Head to the station to grab a free cuppa and chat to like-minded riders.
On-site Mechanic

Hours 12 noon – 8pm

If you find yourself in need of a quick repair, tune up or some additional gear, our on-site mechanics will be there for the duration of the event to assist.

First Aid

<table>
<thead>
<tr>
<th>Hours</th>
<th>CLINIC</th>
<th>FIRST AID (Main Street)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7am–8:30am &amp; 2pm–7pm</td>
<td>12pm–2pm</td>
<td></td>
</tr>
</tbody>
</table>

EventAid are our on-site first aid clinic providers, and look forward to helping you stay healthy across the event.

The medical clinic is open in the afternoon and for a short period each morning with doctors, nurses and first aid support available, however, emergency first aid treatment is available 24/7 (just contact Event Assistance if it’s after clinic hours).

Our first aid team can also assist with the storage and transport of any medication requiring refrigeration, and the recharging of batteries for mobile CPAP machines.

Dishwashing and Clothes Stations

We’re committed to reducing the impact we have on the environment so you’ll need to bring your own reusable plates and cutlery on the ride. We provide dishwashing stations for the use of all RACV Great Vic participants. For hygiene reasons, make sure you wash your plates and cutlery after every meal, and use the sani-spray provided.

Our clothes washing stations operate from 2pm–5pm daily. This is a provision for handwashing only.

Water Refill Stations

There are free water refill stations located around the campsite for your convenience – look for the yellow and black striped bars!

Luggage Trucks

On ride mornings, pack your luggage and gear into one of our luggage trucks and we’ll move it to the next campsite for you. Remember to take note of your luggage truck number to help you find your gear at the other end. The luggage trucks are opened when there’s enough people to help unload, so when you arrive on site, make sure you grab your friends and you’ll have your bag in no time!

Spokes Bar

Local live artists create a laid back atmosphere in Spokes Bar, making it the perfect spot to relax and listen to some tunes on a sunny afternoon. For the first time in 2017, you’ll also be able to grab a bite to eat from one of our food trucks in our new look bar area.
The Good Oil newspaper

This is the daily newspaper of the RACV Great Vic. It’s delivered at each dinner service. Find out the details for the next day and plan your ride. Characters get coverage, so dob in a fascinating fellow rider to feature in the next issue.

Medical

All consultations will be bulk-billed, so it’s important to bring your Medicare Card. A small range of over-the-counter medication will be available for purchase at the on-site camp shop; however, it is recommended that you bring along any required prescription medication.

Event Aid can assist with the storage and transport of any medication requiring refrigeration, and the recharging of batteries for mobile CPAP machines.

RACV Assist Tent

We’re there for you on the road and also in camp. Forgotten soap, shampoo or sunscreen? Need to borrow some tools or wash your bike? Drop past the RACV Assist tent in the main village each night and we’ll help you out. You can even borrow an E-Bike to take the stress out of your legs for the next day! Not an RACV member? Drop past and we’ll make sure you and your bike are supported!

EXTREME WEATHER PLAN

In the event of extreme weather occurrence, Bicycle Network may decide to cancel or postpone the ride or sections of the ride. We may also look to relocate a particular campsite in the event of an extreme weather occurrence.

COMMUNICATION

To stay up to date, please consult the following:

- Attend the daily rider briefing at 7pm on the main stage
- Join us on Facebook/Twitter @bicycle_network
- Check the Big Screen daily
- Read the Good Oil distributed nightly at dinner
- Visit our Happy Helpers at The Hub

PASSPORT

Your rider passport is your ticket to campsites and all essential services. You are required to carry your passport on you at all time and will be asked to show your passport for all meals, massage, SAG wagons and entry into the campsite.

If you are required a replacement passport see The Hub. Replacement fee is $20.

BE WASTE WISE

We’re committed to reducing the impact we have on the environment, so please help us by:

- Using reusable plates and cutlery on the ride
- Placing all recyclable material in the designated bins
- Placing all food waste and rubbish in general waste bins
- Reducing all food waste and rubbish in general waste bins
- Reducing food waste – take only what you need

BE SUN SMART

Even when it’s not hot, you can still get sunburnt. So before you leave in the morning, and across the day, make sure you slip slop, slap.
# Campsite Do’s and Don’ts

## Do’s
- Wash your hands regularly, especially at meal times.
- Wash your dishes after every meal.
- Seek medical assistance if you feel unwell.
- Look out for each other.
- Flush the toilet after every use.

## Don’ts
- Fill up your water bottles in the toilets.
- Brush your teeth in the toilets.
- Substitute hand sanitiser for soap & water.
- Wash your hands at the water refill stations.
- Take food or eating utensils in the toilet.
MERCHANDISE

Visit The Hub to pick up your merchandise memento for this year’s RACV Great Victorian Bike Ride.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great Vic jersey</td>
<td>$80</td>
</tr>
<tr>
<td>Great Vic Gilet white</td>
<td>$80</td>
</tr>
<tr>
<td>Great Vic knicks</td>
<td>$130</td>
</tr>
<tr>
<td>Great Vic sports mesh tee</td>
<td>$40</td>
</tr>
<tr>
<td>Great Vic Gilet navy</td>
<td>$80</td>
</tr>
<tr>
<td>Great Vic sun sleeves</td>
<td>$25</td>
</tr>
<tr>
<td>Great Vic cycling cap</td>
<td>$25</td>
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</table>
RIDE GUIDE ACKNOWLEDGEMENTS

We would like to thank all the councils, communities, agencies and stakeholders that have worked with us over the last 18 months. Also, a big thank you goes to our sponsors, our incredible contractors, and of course our dedicated volunteers, team leaders and Event Team.

We would also like to acknowledge the Traditional Owners of the land the ride passes through. We pay our respects to their Elders, both past and present, and the Elders from other communities who may meet along the way.

CHEERS DOUG
1946 - 2017

Long standing and much loved Bicycle Network event and workshop volunteer Doug Brown passed away in August after a long and tough battle with cancer.

Doug was a stalwart tollie of the Great Vic, a solid right-hand man to the Main Street team, led by Hamish Haugh. Every day on the Great Vic, Doug would work with Hamish and the small team to bring Main Street to life with community groups, vendors and activities for everyone to enjoy.

Doug was also one of the regular faces at the Bicycle Network workshop in Sunshine and was the brilliant mind behind many of the equipment ideas and projects that the team tackle for events.

While no one could dispute that Doug was a great bloke, tireless worker and great contributor to the bike riding world, one of his greatest legacies at Bicycle Network will be the amazing spirit and inspiration he effortlessly instilled within some of our younger event team members. He built strong relationships with many coordinators over the years and helped shape young people to have patience, stay calm, work hard and look after each other.

At well over six foot, Doug could have easily been an imposing man but held himself in such a way that no one ever felt beneath him - a true gentleman.

Doug will be missed dearly by the workshop boys, the entire Bicycle Network team and his Great Vic mates. We’ll be celebrating Doug’s life on Great Vic this year with a few stories and a well-deserved tribute, which will take place at 6pm on the main stage in Yarram.

Farewell Dougie and thanks for everything.
Pedal hard.
Hardly pedal.
The choice is yours.

• Interest Free Repayments • 24/7 Bike Assist • Annual Servicing

With an RACV Electric Bike Package, use pedal power, electric power or a combination of both and travel up to 120km on one single charge. With two Avanti eBike models to choose from, eight Bike Assist call outs and a variety of flexible repayment plans, we’ve got everything you need to get you up and riding.

Discover more, including where to take a test ride at racv.com.au/ebike