

# 8 ESSENTIAL TOOLS FOR BIKE MAINTENANCE ON THE ROAD

Being mentally and physically ready for a ride is one thing, but being prepared for when something goes wrong is another. Here's a list of the essential items you need when you're out on the bike.

## 1 Spare tube

If you're out on the bike there is always a chance you could get a flat tube. They are fairly compact and easy to change out. Make sure you have the correct size, and you'll be back to riding in no time.

## 2 Multi-tool

A good multi-tool will include Allen keys, screw drivers, a chain tool and other handy items all tucked into one package.

They are great for an number of potential fixes or adjustments you may face while out on the road.

## 3 Tyre lever

This will assist in removing the tyre off the rim. It's best to bring a set of three, just in case one may break.



1



3



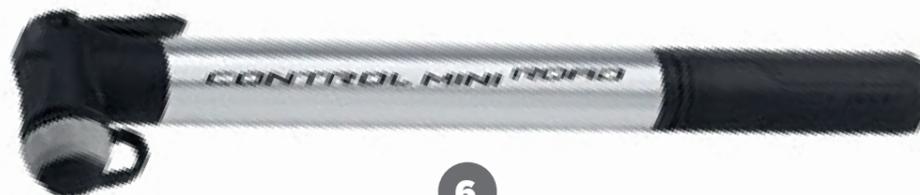
2



7



8



6



4



5

## 4 Money

Carry an extra \$5 or \$10 note. Carrying money on a ride can have two benefits. The first is to buy food just in case hunger sets in.

The second is to patch a major tear in your tyre. Using a \$5 note is a great way to fix a tyre in an emergency situation.

## 5 Patch Kit

On the off chance you manage to puncture your spare inner tube, carrying a patch kit get you out of a sticky situation.

## 6 Hand Pump

Your hand pump will get you out of trouble.

## 7 Lights

If you don't have light permanently attached to your bike, carrying a set ensures you don't get caught in the dark.

## 8 Phone

There is no reason not to carry a phone if you've got one. They are great for calling home in case of a breakdown, or check in with those ahead or behind you.

### Further information

For more information on how to use these tools, go to the Ride2School resources page at [ride2school.com.au](http://ride2school.com.au)