



National Ride2School Day

4. Activity Suggestions

- **Poster Competition**

A great way to promote the event is to hold a National Ride2School Day poster competition with different categories for different year levels. Entries can be displayed around the schools. Winners can be announced on the day.

- **Special Assembly & Guest Speakers**

Host a special Ride2School Day assembly. The organising committee can lead the assembly. Get a guest speaker to come and visit your school. E.g. a doctor, a local politician, an athlete, a representative from your local cycling club or your local Police Youth Resource Officer.



- **Casual Clothes Day**

Declare a casual clothes day and ask for a gold coin donation. You could use the money to help fund a bike shed, or alternatively donate it to a charity of your choice.

Wednesday 17 March 2010

www.ride2school.com.au



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Bicycle Victoria Incorporated
ABN 41 026 835 903 **ARBN** 054 009 871
Reg No A000860 7J



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▪ Decorate Your Bike Competition

Hold a 'decorate your bike' competition on the day. Students can adorn their bikes with streamers, tinsel, flowers, and coloured cardboard. The organising committee or special guests could judge the competition on the day and prizes donated from the local bike shop can be awarded to the winners.

▪ Healthy Breakfast

Ask a local fruit shop or grocer to donate a box of fruit or yoghurt tubs as a second healthy breakfast for students who have walked and ridden. Promote the healthy second breakfast for the first 50 or 100 walkers and riders to make sure you get students coming early. Ensure the school gates will be open for the early comers, especially for parents who may need to accompany their children before heading off to work.



▪ Involving Your Local Bike Shop

Approach your local bike shop and ask them to help promote cycling in your area. You could promote the bike shop in your school newsletter and in exchange they could offer a discount to customers who mention they are students at your school. Also ask them to donate some simple or inexpensive prizes for the poster competition. Find your closest bike shop using the Bicycle Victoria [Bike Shop Finder](#).

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▪ Involving Neighbouring Schools

You could link with surrounding schools, whether primary or secondary, state, catholic or independent, to form a National Ride2School Day cluster. Choose a local park to have a combined breakfast and special celebration.

▪ Bike Engraving

Ask your local Police or local Neighbourhood Watch representative to be part of National Ride2School Day by engraving parent's license numbers underneath student's bikes so if they are stolen they can be easily returned if they are recovered.

▪ Bike Maintenance

Why not involve parents, members of your school community and your local bike shop in a bike maintenance session the day or evening before National Ride2School Day.

▪ Bike Rodeo

You could hold lunchtime Bike Rodeo that incorporates:

- Riding skills around an obstacle course
- Snail races (slow riding)
- Bike challenges (e.g. limbo competition)
- Grand parade around the school (or school oval)

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