



## National Ride2School Day

### 1. Welcome and Introduction

Thank you for choosing to participate in National Ride2School Day, Wednesday 17 March 2010.

On National Ride2School Day parents and teachers are encouraged to leave the car at home and get students walking, riding, skating or scootering to school.

Organising a National Ride2School Day provides an opportunity for student leaders to practice their skills and schools to get involved with their community by linking with councils, local bike shops, Police and members of their wider community.

Best of all, National Ride2School Day is a chance for brand new riders, parents and teachers to experience riding and walking to school for the first time. They might find that it's quicker, more interesting and lots of fun to walk or ride to school.

On this day walking and riding to school becomes a social *norm*. Families are influenced to choose active travel by their school community. It is a chance to celebrate walking and riding on a large scale and to prove it can be done. After showing it's achievable on this one day social norms can be created so that the behaviour will then flow on to other days throughout the year.

The National Ride2School Day resources are designed to assist your school in planning your Ride2School Day and making it as fun and exciting as possible.

Best wishes,

Marissa, Mary, Jacinta, Allira, Jess, Olivia and Felix  
Ride2School Team

**Wednesday 17 March 2010**

[www.ride2school.com.au](http://www.ride2school.com.au)

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