



## HOW TO BE A SMART RIDER



### CROSSWORD

#### AIM

- To review students' knowledge of smart riding laws and strategies learnt during the making of the mini video. (This activity can also function as an independent lesson).

VELS: Health Level 3-4

GRADE: 3-6

- [Health](#) - Level 3

Students explore how the school and community contribute to the health of its members. This could include school crossings, safety signs, playgrounds, and parks. They identify basic safety skills and strategies at home, school and in the community, and describe methods for recognising and avoiding harmful situations.

- [Health](#) - Level 4

Students learn to describe and assess the strategies for responding to situations that are potentially unsafe, risky or harmful in a range of settings (at home, at school and in the community).

#### DURATION (Approximate)

- 30mins How to be a Smart Rider: Crossword

#### LINKS

- [How to be a Smart Rider: Mini Video](#)
- [Back to Contents](#)

The crossword is derived from the [How to be a Smart Rider: Information Labels](#). On completion of the activity, display these labels around the room so students can check their answers, or use the answer sheet provided.

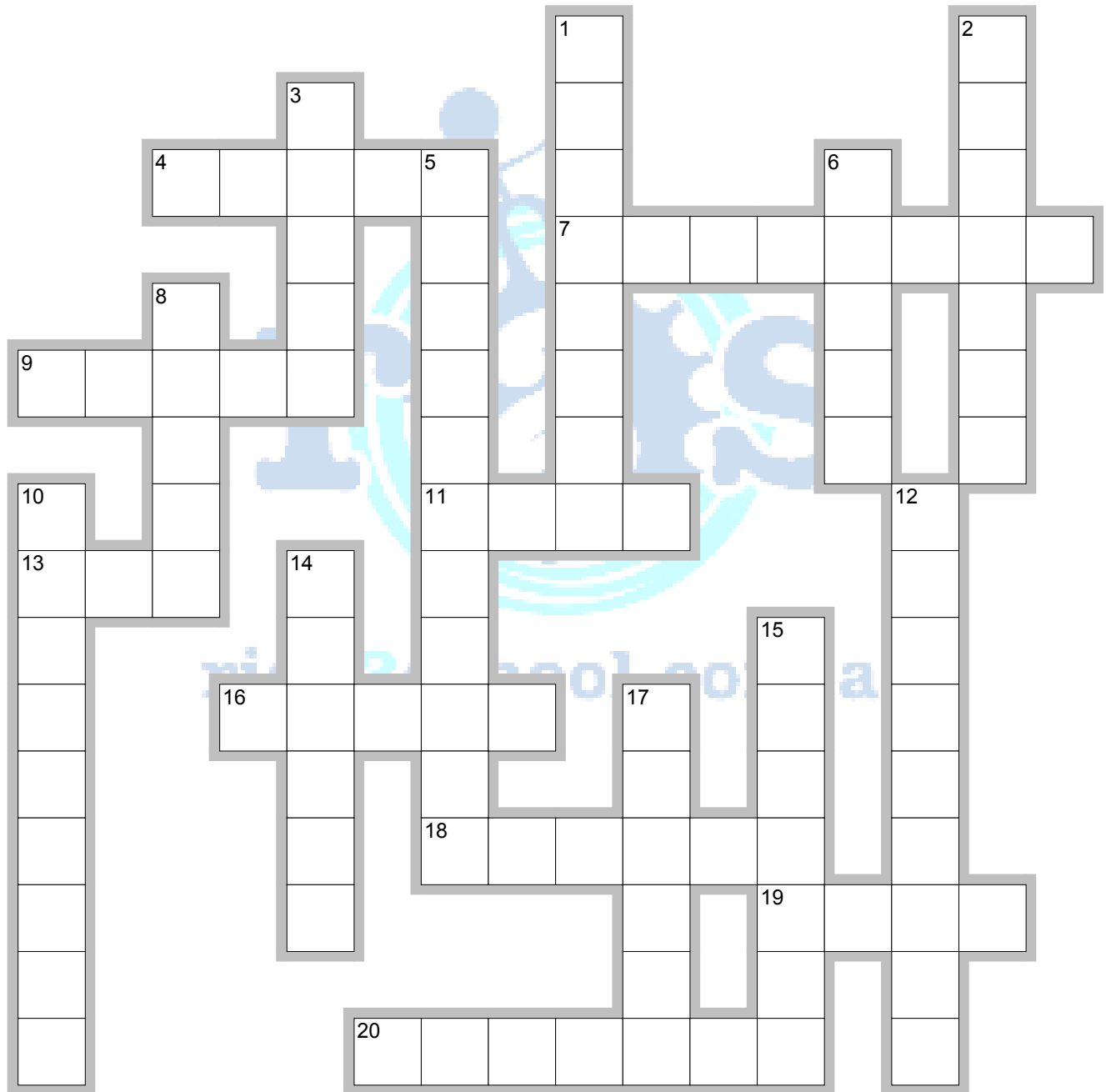




# HOW TO BE A SMART RIDER



## CROSSWORD GRID





## HOW TO BE A SMART RIDER



### CROSSWORD CLUES



#### Across

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4. Always use a \_\_\_\_\_ light at the front of the bike when you are riding at night, so you can be clearly seen.
7. Wear bright and shiny \_\_\_\_\_ so people can see you easily in the day time and the night.
9. If you are riding on the road, find \_\_\_\_\_ streets and stay to the left-hand side of the road.
11. Learn the traffic signals and signs and be sure to \_\_\_\_\_ them.
13. Always use a \_\_\_\_\_ light at the back of the bike when you are riding at night, so you can be seen easily from behind.
16. If you are riding on the road, ride in marked bike \_\_\_\_\_ wherever possible.
18. Children under the age of \_\_\_\_\_ years old are allowed to ride on the footpath.
19. Use the bell or horn on your bike to \_\_\_\_\_ people when you need to ride past them.
20. Ride often! It keeps you fit, \_\_\_\_\_ and happy and it is fun and free.

## Down

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1. Learn how to fix a flat tyre. Carry a \_\_\_\_\_ repair kit and bike pump for longer rides.
2. Use bike lights when it is \_\_\_\_\_ or foggy so you can be seen easily, even in the daytime.
3. Use hand signals when you are turning \_\_\_\_\_ so it is clear to everyone where you are going.
5. Riding your bike is great for the \_\_\_\_\_ because it doesn't create any air or noise pollution.
6. Roll up your right trouser leg so that it doesn't get caught in the bike \_\_\_\_\_.
8. Keep the bike chain well \_\_\_\_\_ so that the bike runs smoothly and doesn't rust.
10. Be careful of, and give way to cars backing out of \_\_\_\_\_ because they might not see you.
12. Have \_\_\_\_\_ on the bike to stop water and mud hitting your face and back when it rains.
14. Check that the \_\_\_\_\_ work and are in good condition before riding the bike.
15. \_\_\_\_\_ to people walking on shared footpaths and keep to the left-hand side.
17. Always wear a \_\_\_\_\_. Make sure that it fits properly and has no cracks in the foam.

# HOW TO BE A SMART RIDER

## CROSSWORD ANSWERS

### Across

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4. Always use a **WHITE** light at the front of the bike when you are riding at night, so you can be clearly seen.
7. Wear bright and shiny **CLOTHING** so people can see you easily in the day time and the night.
9. If you are riding on the road, find **QUIET** streets and stay to the left-hand side of the road.
11. Learn the traffic signals and signs and be sure to **OBEY** them.
13. Always Use a **RED** light at the back of the bike when you are riding at night, so you can be seen easily from behind.
16. If you are riding on the road, ride in marked bike **LANES** wherever possible.
18. Children under the age of **TWELVE** years old are allowed to ride on the footpath.
19. Use the bell or horn on your bike to **WARN** people when you need to ride past them.
20. Ride often! It keeps you fit, **HEALTHY** and happy and it is fun and free.

### Down

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1. Learn how to fix a flat tyre. Carry a **PUNCTURE** repair kit and bike pump for longer rides.
2. Use bike lights when it is **RAINING** or foggy so you can be seen easily, even in the daytime.
3. Use hand signals when you are turning **RIGHT** so it is clear to everyone where you are going.
5. Riding your bike is great for the **ENVIRONMENT** because it doesn't create any air or noise pollution.
6. Roll up your right trouser leg so that it doesn't get caught in the bike **CHAIN**.
8. Keep the bike chain well **OILED** so that the bike runs smoothly and doesn't rust.
10. Be careful of, and give way to cars backing out of **DRIVEWAYS** because they might not see you.
12. Have **MUDGUARDS** on the bike to stop water and mud hitting your face and back when it rains.
14. Check that the **BRAKES** work and are in good condition before riding the bike.
15. **GIVEWAY** to people walking on shared footpaths and keep to the left-hand side.
17. Always wear a **HELMET**. Make sure that it fits properly and has no cracks in the foam.


# HOW TO BE A SMART RIDER


## CROSSWORD GRID ANSWERS





## HOW TO BE A SMART RIDER: INFORMATION LABELS


	<p>Always wear a <b>bike helmet</b>. Make sure that it fits properly and has no cracks in the foam.</p>
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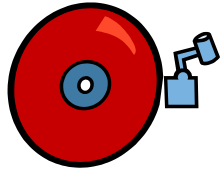
	<p>Give way to people walking on <b>shared footpaths</b> and keep to the left-hand side.</p>
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	<p>Learn the <b>traffic signals</b> and <b>signs</b> and be sure to obey them.</p>
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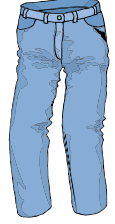
	<p>Children under the age of <b>12 years</b> old are allowed to ride on the <b>footpath</b>.</p>
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	<p>Use hand signals when you are <b>turning right</b> so it is clear to everyone where you are going.</p>
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	<p>Check that the <b>brakes</b> work and are in good condition before riding the bike.</p>
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	<p>Use the <b>bell</b> or <b>horn</b> on your bike to warn people when you need to ride past them.</p>
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	<p>Learn how to fix a <b>flat tyre</b>. Carry a puncture repair kit and pump for longer rides.</p>
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	<p><b>Roll up</b> your right <b>trouser leg</b> so that it doesn't get caught in the bike chain.</p>
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Always use a **red light** at the back and a **white light** at the front of the bike when you are riding at **night**, so you can be clearly seen.



If you are riding on the road, ride in marked **bike lanes** wherever possible.



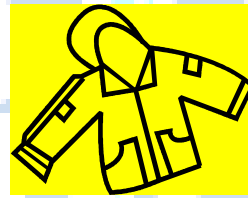
Use bike **lights** when it is **raining** or **foggy** so you can be seen easily, even in the daytime.



If you are riding on the road, find **quiet streets** and stay to the left-hand side of the road.



Have **mudguards** on the bike to stop water and mud hitting your face and back when it rains.



Wear **bright** and **shiny clothing** so people can see you easily in the daytime and the night.



Be careful of, and give way to **cars** backing out of **driveways** because they might not see you.



Keep the bike **chain** well **oiled** so that the bike runs smoothly and doesn't rust.



**Ride often!**

- \* Keeps you fit, healthy & happy.
- \* It's fun & free.
- \* It's great for the environment.