

How to Fix Your Bike



a hands-on course

This fifteen-hour course starts with basics, such as how to hold a screwdriver and which way to turn a nut.

We move on to: puncture repair, fitting the bike to you, adjusting brakes & gears, wheel bearing overhaul, cable replacement, gear cluster overhaul, checking frame straightness & straightening wheels.

Bring your bike and work on it yourself under guidance. All tools & lubricants supplied.

Duration: 15 hours (3 x 5 hours)

Times: Sundays 11 am - 4 pm,

Proposed dates: 4 11 18 July 2010
5 12 19 September
7 14 21 November

Tutor: John Harland

Venue: Warr Park Centre, De Carle St., Brunswick

Cost: \$134 / \$120 Bicycle Victoria member / \$103 Student/Pensioner/Unemployed

How to enrol

You can enrol by mail or at Warr Park Community Centre
43a DeCarle St., Brunswick 3056

tel: 9386 9418 fax: 9386 3209

email: info@bnhc.vic.edu.au web: www.bnhc.vic.edu.au

given names

surname

address

amount paid Bicycle Victoria membership no. (if applic.)

phone _____ AH, _____ BH

Payment can be cash, cheque or money order. Please make cheques payable to Brunswick Neighbourhood House Cooperative.

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