

### 3 Peaks Challenge 2012 | Volunteer Job Description

Job Details	
<b>Job Title:</b>	<b>Rest Area Assistant – Trapyard Gap</b>
<b>Team:</b>	Trapyard Gap Rest Area Crew
<b>Team size:</b>	6
<b>Report to:</b>	Rest Area Team Leader
<b>Duties location:</b>	Trapyard Gap
<b>Uniform:</b>	Long sleeve polo shirt and cap
<b>Equipment supplied:</b>	Rest area equipment including; pop up marquees, trestle tables, chairs, rubbish bins, first aid kit and supplies, mechanical bike repair kit, food - energy bars and gels, water including water bartlet, biddon bars, hose and pump, toilets, safety vests and communications equipment.
<b>Shift times:</b>	Sunday 11 March: 1:30pm – 9pm, pack up commencing at 8:30pm
<b>Experience / skills required:</b>	Good communication skills and awareness of rider needs.
<b>Physical work:</b>	Yes
<b>Sitting / standing:</b>	Mostly standing
<b>Outdoor exposure:</b>	Yes
<b>Rider contact:</b>	Yes, direct rider contact
The Challenge – role, responsibilities and outcomes	
<b>Role description:</b>	You will work with the team to set up, man and pack down the Trapyard Gap rest area. You will prepare the rest area items in a presentable manner to riders, where you will assist and service riders as required.
<b>Key responsibilities:</b>	<ul style="list-style-type: none"> <li>• Scout area to identify and rectify any hazards.</li> <li>• Be ready to meet the route services crew and assist them to set up the rest area.</li> <li>• Prepare the rest area for riders to arrive.</li> <li>• Ensure that the rest area remains in a presentable fashion for the duration of service to riders.</li> <li>• Monitor the equipment and make any adjustments or repairs if required.</li> <li>• As riders arrive assist them in anyway possible.</li> <li>• Stay positive and try to motivate riders who show signs of physical exhaustion.</li> <li>• Identify riders who look at risk from exhaustion if they continue on.</li> <li>• Keep the area tidy at all times and use the bins provided.</li> <li>• Commence the pack down of aid station once the route closing team indicates to do so.</li> </ul>
<b>Outcomes:</b>	With your help riders can arrive to a neatly presented aid station and will be able to seek the necessary aid and rest in order to continue on with their ride safely and successfully. Volunteers will work safely and respectfully with each other.