



## Ride2School would love to see schools in Golden Plains Shire Council participating in the Ride2School program!

Unfortunately, there were no schools in the Golden Plains Shire Council that entered Hands Up! Data for 2010 National Ride2School Day. Did you know, schools that regularly enter Hands Up! data average an active travel rate of 45% compared with an active travel rate of 20% for schools that don't?

Great ideas to get student in the council reaping the many benefits of active travel include:

### Council Hands Up! Challenges

Set up a challenge for schools in your municipality to encourage schools to regularly enter data. Examples of what other council are doing include:

**Greater Geelong City Council** - 10 passes for any of Geelong's Swim, Sport & Leisure centres are awarded to schools who have the highest percentage of active travel, the most improved active travel and for participation.

**City of Whittlesea** - A monthly prize of healthy snack vouchers for schools to use on their Ride2School days.

**Yarra City Council** - A family swim pass to City of Yarra Swimming Pools is awarded quarterly and a monthly prize of two Fair Trade Soccer Balls go to the schools with the highest percentage of active travel.

### The Active Schools Challenge

The Active Schools Challenge is a great way for schools to kick start a year of active travel. The schools sets targets for active travel and if they reach this target they receive an active travel fence sign and go in the draw to win great prizes.

We know that council support assists in increasing active travel rates, so we have set councils a challenge! The council that has the most schools complete the challenge compared to the total number of schools in the municipality will be rewarded the 2010 Ride2School Most Active Council Award.

Encourage schools in your municipality to apply for the challenge! Visit our website for an application form.

Visit [www.ride2school.com.au](http://www.ride2school.com.au) for further information or contact us on 8636 8888 or [ride2school@bv.com.au](mailto:ride2school@bv.com.au)

Happy Riding!